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PART I

MR. NYLAND: I hope you're not too cold. I don't know how it's going to be when it actually will be very cold weather around here, but we ~~X~~ have to find out.

Today is the last music in this year. ~~X~~ TODAY is also the last of the regular meetings in this year. So, I have to say something about this year and maybe next year. For the last two or three weeks, you know, I've been talking about Christmas, about old new year - New Year.- preparation; you know, the Christmas project, the working with your hands ~~/~~ WITH your intelligence. I'm quite certain ~~/~~ that some of you have not understood it. I think that gradually you will start to see what I really mean. For me, of course, it is quite obvious. One is engaged in something unusual, not that what you already have done really before. A project of this kind is something that is quite exceptional. Like for instance, the dinners here at Nishimura over the last couple of weeks and in which there will be another one tomorrow. And too many people so that there is an overflow. ~~A~~ SO That for that reason Lotus and George decided to have an extra Saturday the following week. So then there is still room and it is not necessary then to refuse some people. But there has to be a few ~~when~~ volunteers to help out because it's quite a job. It has been very good. It has been extremely useful. It has worked out much better than I thought or even would have hoped. And it is going to be like that quite similar with some of the projects. Some of them failed - will fail - because one is not familiar with it. You don't know what you can expect of yourself until you start to try out, ~~and~~ THEN you find out, and it's very useful to find out because it will give you knowledge about yourself, so that next time when you have an idea that perhaps you will think twice. Why is it so useful? All these kind of things belong to the Group as a whole. I've talked about family life. I've talked about solidarity of the different people in the Group. I've talked about the necessity of trying to understand ~~/~~ each other in having a certain aim which to some extent even becomes mutual when it belongs to the Group and when it is linked up also with the fund collection in which

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l at the time when I mentioned it I would like everybody to participate. So that everybody really feels what is required on their part that they will take a responsibility regarding Group life. Also you might say maintenance or the help, the attitude that is what is one's emotional posture towards all these things. Not just repetition of what you already have done or even you might say that in the dexterity that you have acquired so that you then will be able to apply it in a certain direction a little bit more unusual, so that then when you do it you will be reminded because it's unusual/new that something else is involved which is life together.

Living with a group with an aim, an aim to try to help each other to wake up. The aim of all of this and all these kind of activities, which you must never forget, because that's the only way by which Gurdjieff can have a meaning for you, otherwise it's just a little bit of a name somehow or other of a person who happened to have lived and was a remarkable man and about other remarkable men about which this one remarkable man started to write; and a book, but where is it for you in your life and it is in order to bring these ideas of the application of Work for yourself more to the foreground that one attache it to something, I say unusual, but also which has beneficial results in more ways than one. And always keeping in mind that whatever one does never should be for one little purpose only. It should serve many different purposes, all such one kind of activity becaus that is your consideration in the beginning. How can I utilize what I am going to do for th greatest benefit of all or for the greatest benefit of all kind of conditions? How can I ac- quire an attitude like that when the year is ending? It is also in working together that yo will enable yourself to feel more at home with each other so that if the difficult times co when you are lonesome, then because of Work maybe, you are a little bit astranged in th first place from ordinary life because it has already become so humdrum as an existence, b also that you feel a little bit estranged from the people even those you work with becaus sometimes you don't understand them and they don't understand you. You remember Nietzche tells about climbing the mountain and the populace down below a crowd many pe

and in climbing gradually fewer and fewer and less and less plant growth. Finally a rock, cold, wind, of course a beautiful view, and a panaroma. Even if your life is viewed from the top of a mountain as your past. So that then when you turn around and see it and there is still a summit to climb, but you are alone and it is sometimes quite terrible because in that kind of a lonesomeness who will help you? The constant aim looking at the top of a mountain where you wish to go will give you, instead of your lonesomeness, not a feeling of being lonely. When you are with your aim, when if within yourself there is something that you aim for. It maybe in this case the aim for a wish to really live. The aim in regard to Christmas projects is to be able to do certain things for yourself so that you acquire a dexterity and a wish to overcome difficulties. Because this what is now taking place in this part of the year and the last of '69 will have to be a preparation for the future. What will 1970 give us as a Group, as a Barn, as a development, as a growing concern, as something that has aliveness and in which direction will it go? How can we acquire next year solidarity as a Group? Willingness to continue or to wish to understand each other? Gradually to get out of these nonsensical things that we still are subject to, but that we more and more start to understand what is really the aim of one's life and if that is clearly defined, the ordinary things of ordinary life gradually find their place and sometimes a much smaller place then you originally may have assinged to. It is not that you forget your past. It's not that you forget your ordinary life and your obligations and all the things that are necessary for your growth. Even on Earth, it's not any of these things that has to be neglected, but besides that that what becomes your Inner Life has to be directed sufficiently that it can have its own life on its own. That is the aim and it is the usuage of that aim then in your ordinary life during 1970, that I hope will be affirmed and for that you now go through a training period. For now you have opportunities to work together and to be inventive or clever. In any event, to have a wish so that the difficulties you might meet you want to overcome so that you can grow as a man should grow constantly active with an aim ahead of him, and not allowing himself to be lazy.

I know you don't understand these things yet and not completely enough because you are still so much engaged in your ordinary ~~life~~ living and you still think that the ordinary living is so important and from the standpoint of ordinary living, of course, it is important, but from the standpoint of extraordinary life it becomes less and less important so that even your lonesomeness doesn't matter at all. Because it is created by yourself. It is because you don't give. It is because you don't care enough, because you still want to live your own life the way you wish to live it and you don't want to ask God how should I live mine? You still try to define what you think ought - the future ought to be. You don't leave it as yet in the ~~nature~~ matter of prayer to be opened to that what could come and in wishing to define it. Because in ordinary life on Earth, that's what you do all the time. You have such aims that you already see, you visualize, and you study for them, spend the time on them or the money or energy because that is what you want to reach and that is where a premium is paid in ordinary life for that what are the results. The results of heaven are not paid for in that way. One is aiming at the spiritual development about which one doesn't know anything at all. One is aiming to try to get away from that what is now binding you. Also the different things ~~psyxxkx~~ psychologically understood of your type. Or whatever you are, all of that can be helpful to know a little bit more of what you are working with. But, Work is different. Work is to make a sharp tool out of a dull one. Work is not just to use the dull tool the best way you can. Work is not to assume that that what you are, I call it, as you know, geocentric, is the end of it and that it always has to be like that. When I talk about the possibility of miracles, I mean that overnight you find that your chisel has been sharpened. Maybe by some angel who came and who told you that the next day you have to use a sharp chisel because you are now trying to sculp something for your soul. These are the things one considers at the end of this kind of a year in which much has happened. A great ~~many~~ deal of difficulties we had to overcome were not there yet. Some months ago I though we were a little bit more out of it, but we're not as yet and probably more

difficulties are on the way coming towards us which we will still have to meet.

Originally I thought we would have Christmas together. That is sometime ago. But then certain unforeseen events happened in my life and I had to change my mind. So then I start to talk about the necessity of a family, of a realization of relationships. You can call it a family. You can also call it affection. You can call it love for each other. You can call it a wish of an emotional kind. So that then one wants to share certain forms of energy of knowledge or that what is there then that could be communicated in some way for the benefit of someone else and that it is necessary to understand that in that way one wants to give and also sacrifice and perhaps not always ask for results that one has imagined how they could be. Because I assure you that all during this year several aims that I had and ideas of what ought to be have not materialized at all. And it had to be a day by day almost existence of <u>how</u> does the Barn grow? How to people come when they come and what for? And then what they do and one day after another something happens accidentally or accidents take place and one has to adapt oneself and change one's mind so that at the end of the year you may end up with an entirely different realization of what was possible and you can blame your own idealism in the beginning of the year of thinking that God ought to have manifested Himself in a different kind of a way and He didn't do it. And again one says why is it God that you do these things to me? Why is it that sometimes this living together in a vile and a little bit of a community is so difficult? Why is it that we have no care, not enough as yet? Many times no consideration; to just go ahead and plow the way you wish and never mind the farrow crosses something else and you may disturb him or her. You really don't care so much, do you? Is it really that you feel for someone, for each other? Is it that you consider what the others are thinking and then in that thinking what are you communicating for them to help? This is what the Christmas project is about. This is what is required in your willingness and your attitude of wanting to do something and I simply materialize it in some form or other. But, the attitude is the inner life wish to

care. To do something a little bit unusual probably, but ~~is~~ the sake, let's call it a~~s~~ oommunity, for the sake of an organization, for the building a ~~xxx~~ soul of the Barn. It will start with a kind of a Kesdjan body of the Barn if you understand what I mean by that. It will start with that what is emotionally involved in you in the love for that what is taking place as activities and opportunities of which there are many now and we will work more and more in the future, in 1970.

What do I believe in for the next year? What do I really hope for, and again at the end of the year, if I'm still alive, I may look back and then say 'It still is different', although ~~also~~ we have profited by the experiences of this year. Maybe that what I now think and know and profit in the future and be ~~x~~ extrapolation, I hope and sincerely wish maybe it also will turn out differently. A daily aim and a year aim - how much do they fit into universal aim of the Lord? How can we find out by prayer, by honestly wishing to have a Conscience ~~also~~ open to be written on? To keep on Working. To acquire dexterity. To have sincerity in Work. Not to sit. Not to think too much. Not to put this and that together ~~and~~ in accord with a certain figure that you base on a certain amount of knowledge that you gather from different sources. You know it is not really necessary. You know yourself well enough. You know yourself in ordinary life and we livein ordinary life. We don't live as yet on a level of the planets. We talk about it. We feel it. We wish emotionally to communicate with it also among ourselves. We still have leaden feet and they keep us to the ground and we still have functions to fullfill, very necessary for a daily existence. Of the Ordinary quarrels, misunderstandings, anger, stupidities among us, carelessness, vanity and conceit. All these things are still with us and more than enough so that there is enough of a share for everyone of us and that is life. Not the particular acquisition of a certain amount of knowledge which so-called gives you insight of what you are, that's only for the instrument you have to use in Work, because we have to Work with what we have. Not sit and contemplate. Not expect that you already know. You don't. You only find out when you go. When one wishes to go to the bridge to meet

God, it means the Do-Re-Mi has to be gone through. Mi will get you to the bridge at the point. Not at Do. Not singing already hallelujah. Not wishing as yet to be in heaven. Not contemplating the possiblity of how it would be as a angel. Not to look to what's in the future of what you really would wish then only in connection with your own development. Not saying too much about this and that I want in the next year because then when we have a little extra money we can buy a goat and have milk for the farm. Such things become so completely nonsensical and immaterial when one really understands what it is to have to work together. To really be considerate of each other and not go off into all kind of foolishness, or desires what one just for a moment has and about which one later on is a little bit sorry. One moment of forgetfulness may make you cry sometimes for years. The necessity of trying to understand this Christmas project. When I say it now because this is the last meeting of these regular kind of meetings during the week because on Saturday and Sunday, which we will continue with as you know, I do not really want to talk about the future. I want to talk about what we are doing at the Barn with the activities of ourselves, of the different activities which fit into ordinary life and where we start to grow the branches on the tree of the Barn. Next year, the 13th of January, I will have to fit my particular going to the Coast in such a way that I will be here. Because Gurdjieff's birthday. Martian calendar, 1st of January, 13 days earlier. We always celebrated it at our - as our calendar. It will be a Tuesday. We will meet here. We will have something to eat. Very simple. It will be our regular Tuesday meeting, but here with Lotus and George. You might say officiating. So try to make that evening a memorable evening to re-outline purposes of Work. The future, as far as we can determine, more or less, what actually we could do what will be within our means and not to oversnot the mark and to encourage all of us to remain patient. To keep on with the wish and not to let up and to pray for strength together with love for Work hoping then to accomplish or to build a solidarity which

I hope for and which I may can believe in still because regardless of whatever the experiences may have been over this last year, I still believe that that what we are trying to do as raison d'etre . It can exist because it is reasonable. It has to be created still to a great extent. Much work has to go into it. Much energy to come from us with a wish to want to build it and to ~~emparish~~ embellish it and to make it really right that when it is right in form then it becomes useful to pour life energy from all of us into it.

If we can understand what is the form of this kind of activity, you might say even as an organization, so that we can agree with, so that there is no disharmony in the consideration even of the form. So that we actually can understand each other. That what may have to be taken away, that what may have to be sacrificed, that what may have to grow because we want it to be like a community. We want it to be objective in principal because that objectivity will make it acceptable to all of us regardless of where we come from and even regardless of where we are going. For a little while we meet and then we spread out again and there is constantly the possibility of new material being fed into it and the old ones they will drop off and go their way and I hope with the help of God that they will continue on the road of trying to understand themselves by the means of Work.

I hope we will have a good year ahead of us. I hope that there will be strength enough, but as I said above all, there has to be love enduring, everlasting, unselfishly understood. I hope we can Work together. — Leave space

BEGIN PART II MR. NYLAND: It is difficult sometimes to know what to do for one's aim. I don't think you can read up on it. I don't think there are books how to do - how to do it' books - for the building of your Soul. I think there is very little literature even in existence which tells you how to build your inner life. Of course, it is obvious that one starts with what one is. One must know one's instrument . You must know what you are. But what you are does not as yet indicate what is your potentiality. What you are and what has life in it and life which wishes to be expressed is still at the beginning of trying to find out what would be the potentiality now when it is not expressed going

into the actuality after it has been expressed and although I may know what I am, I may also know the strength I have. I may also be aware of my life within me. I do not know what are the obstacles that keep my life within my form. I am blind to what I am. Sometimes you can say, of course, because I love myself and that kind of love is blind. That is when I look at myself and I say 'open up', let life come out. There is always an argument of 'I cannot do it', or 'is it really necessary'. And when you say 'really it's necessary' then it is I cannot do it. Why is it that one objects to the growth of one's inner life? Why is it so difficult to see opportunities when they are there or with other words simply say 'why is one blind'. Why is it a very good name to say it - to say I wish to create an "I". And that perhaps originally it was meant to be a symbol for an all-seeing eye. And then when I say "I", what are eyelids that are then opening up to the light of my life within my "I"? How heavy are they? What keeps them closed? I say, my sleep. When they are heavy, they are heavy because of ordinary conditions of life. Things that are already too heavy for me in daily life, they prevent me. Why do I have such heaviness sometimes? Why is it that I cannot be more free? I see well enough what I wish. I go towards it. When I'm young I don't count the difficulties so much although they come there and in my youth. Of course, I go in many directions at once. And, of course, I lose energy, but there is so much. When one is young, there are many opportunities and one goes there, one takes them up in different directions and then lets them go because they don't lead very much to anywhere. And just to have a good time. The eyelids get heavier when one grows older. They start to droop. The happiness that is put on them are the affairs of ordinary life. This is exactly the covering that takes place to let my life, that is, what is essentially myself, doesn't want to come out. Or rather it's prevented and the junk that is in front of the door. I have to remove it before the door can be opened. One can say this is the condition. One knows it is that way. Should it have always been that way? Why this terrible difficulty about understanding one's karma? Why is it that it should be constantly

that kind of a fight? Fight all over, war within, war outside, destruction, laws of nature, destroying beautiful things. ~~Destroying~~ Aesthetic values. Ordinary man killing each other. Why such terrible things that they do happen and we know and then one says life is taken away and, of course, that isn't true. Life is set free. For what purpose, sometimes why so early? As if one is through with his life on Earth then already and need not return? Is it necessary to see one's life totally as many lives?, many opportunities given and sometimes taken and sometimes not at all noticed, and one goes merrily along and one doesn't in the beginning count the obstacles and afterwards - the eyelids get too heavy so I cannot see anymore, or I cannot focus, or I see a little bit double and artifically I get glasses instead of trying to train my eyes.

What can we find in ordinary life that will help? I said many times 'simplicity' because then I am a little more free. I don't carry such heavy burden. But at such times there is such a desire to load up. There is such a desire really to become a flagellante, and to wish to suffer and to take pride in it. And perhaps then to say in that way 'I atone for the sins of the world as a whole', so that then God can look at me benevolently and I can go to Him. Why do these kind of things happen and why do we happen to think about them at the end of a year? Because a year is going by - opportunity after opportunity - what is it that I call an opportunity? An opportunity is when I can start to understand life existing. Because that I forget. That is why I am in trouble, because I substitute form. That is why I am so attached to the form and because of that I don't see life anymore, or I identify the form with life, and then I say that's all there is to it. Then I forget that there must be a cause for the form behaving, and I say very glibly my feeling, my intellect. But it is really not satisfactory because I know that I identify that what I call 'life' with my behavior as it is. I even go further, I say it is the body that counts and the rest is additional or it has no particular value, because I don't know how and these are the obstacles because my eyelids are closed to the opportunities for my feeling, the

opportunities for my mind.

I say the opportunities of a year, as they go by, will they repeat next year? Will you remember? Will you profit ~~of~~ by what now has passed by without being noticed of used? Will you make any kind of a resolution? Will you consider yourself seriously? Will you sit, allow yourself to sit, quietly, contemplating, to let your life of this year unroll? Events, the things you have experienced, the ups and downs, as we call them, that what is for one important and that what was a waste. And the hope one has not to have to repeat and the difficultites. We are on the wheel of time and it goes up and it goes down and we are with it and constantly repeat ourselves. The opportunities when one is young diminish. My desire to keep them intact is not successful. Things become too heavy because of responsibilities taken on. Because of conditions that I have not understood, where I still feel I have something to do with them. I cannot loosen myself as yet from that what I know already, intellectually, ~~is~~ it's not right anymore. But I keep on hanging on. I hang onto friendships, hoping for the best. I keep on repeating what has happened in the past as something I say 'yes', it has given me information about myself, but I keep on saying it over and over again, and why should I spend that time? The day is gone, tomorrow another day. The Sun of a day goes. In its place you have substitutes, like the stars, and every once in awhile the moon. The moon reflected light. Even sometimes with the moon reflected light from the Earth. All of that remaining within the realm of the Earth and the stars, they are so far, that I need the darkness to see them. The condition of ~~one's self~~ oneself when you see the process from youth growing a little older, and I don't mean so old as I am already. I mean when one gets to be (25, 30. All of that already starts - start early to recognize that you lose opportunity after opportunity. Try to understand that your life is not a form in which you now live. Try to see that that form is ephemeral that it will grow and it must grow because the laws of Earth only refer to the form. They do not ~~refer~~ refer to life. Life is subject to a different law. If one can see life as independent of Mother Nature, if one can understand that that what makes me alive, has a spark in it which does

not belong to my body, if one can understand that aliveness, as a life force, only happens to be in this particular form where the energy is not bound by the form at all. That even the wish is not bound by the form. Because at any one time in any kind of a form of manifestation can I wish. In any particular way I feel that when I see an opportunity I can realize that seeing such opportunities not dependent on the conditions in which I live, but it can go with me. I change conditions, it stays with me because it belongs, you might now say, to my name. I carry with my name, my life. I don't carry my form. It sloughs off anyhow. After 7 years, it has changed, but not the force of life. And the opportunities given are after a little while not of this Earth anymore. Try to get through with the Earth. Try to get yourself established. Try to solve the problems of daily life, as well as you can, so that it could have a momentum and only require a little bit of fuel we put in at the regular intervals, so that that ordinary life can run like a pianola. But then, what we call this Earthly existence, as compared to the music of the spheres, is my life energy, playing on a harp of my future. Then the opportunitites take on a different kind of a meaning because they are not constantly linked up with daily life and taking care that I have enough bread to eat. But there is something in me that comes awake. That is, that something in me of that aliveness starts to wake up. It starts to wake up to the fact that it is life.

What Work really does is to give you the separation between life and form. And when we talk about the creation of an "I", or that what you would like to see as objectivity, is life itself. When one talks about the permanency of "I", it is the permanency of life. And the more I dare not to give it any form, the more I can understand the meaning of life and I will really comprehend the necessity of not allowing a form to hang onto my "I". That is, to give an "I" even a form, the more I will be able to see what I call God not as a person, but as life giving force, which is omnipresent in the universe and the recognition of that makes me a person. This is what we understand by the crystallization

of a form. That at that moment there is a recognition of life existing and the crystallization takes on that form in order to let the realization of life existing not go over into further infinity. And reversely this means that when I wish freedom, I have to understand the form in which all things have been presented to me and I have to see in the midst of all that activity of a form, I can see the life giving force. When one says beyond all action, beyond means in the midst of, surroudning everything existing eternally. We make mistakes because we don't understand what life really is and sometimes it's better just to cry without giving it any form of words. Sometimes it's better just to look up at the sky without saying a prayer. Just as it is better to stop at a certain time and thereby eliminate the form of mechanicality of the body and to give your life a chance to recognize itself in you. The opportunities we have are simply indictative of giving one the realization of life existing. The reason for Work is to go through the forms of behavior of the physical body to that what is the motivation of the form. To that what is the reality, to that what has to be recognized only and only if possible to be recognized by that what is already reality. For that I say that what is "I" has to become real to me in my life. It has to be on the same level as that what I consider my life to be. And as soon as I am able to separate life from form, I separate "I" from "It". This is what I call the opportunity because life is always there. Perhaps the form is always there too. Still that is perhaps, because I believe there are times when the form ceases to exist. When the moment takes the place of a second. When time goes over into His Endlessness Timelessness. And the realization of myself as I am belonging to God free myself from the form of being an infant on Earth. The opportunities for the coming year, when you think, when you sit, I say when you contemplate, when you come to yourself, when in all honesty you want to find out, when you have a desire that what is your life, of course, is important how can you actually become aware of it? What is there in life that gives you the chance? When there is a unity of purpose, life comes out. Life will very seldom come out through one center only.

You still will remain identified with the form of the center. But when the three centers become one in an entity, they annihilate their form mutually and out of that comes the new concept of life. Let to be in a certain different form with different properties. The fact that it is different or even might appear that way, or perhaps not even as yet as spiritual as you could wish it, will already help you to identify life this time in a different form, but because of that closer to the reality as life as it is.

When one Works, God becomes more and more identified with one's own life. Until all forms have disappeared and life remains, God is with one.

I hope you know that we can find certain truths like that in the coming year. I hope that opportunities of whatever now exists will even be multiplied. I hope that when they exist, that you will use them. I hope that they will become capital for you as an investment into 1970. Having an interest at a high rate payable at the end of the year, or payable at death or payable on demand. One's life has to be considered. that it is a demand on you and it depends on your interest. I hope you have a good weekend.

So, good night everybody.

END OF TAPE

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